

# GREEN EGGS AND HAM *By Nanor Demirjian*

## Ingredients

- 10 eggs
- 2 cups fresh spinach
- 1/4 cup cream
- 1/2 tsp baking powder
- 1/2 cup mushrooms, diced
- 1/2 cup onion, diced
- 1/2 cup diced ham
- 1/4 tsp salt
- 1/4 tsp pepper
- 1/3 cup shredded cheese

*\*You will need a blender or food processor and muffin tins (a pan or individual silicone cups are fine)*

## Instructions:

1. Preheat oven to 375.
2. Thoroughly grease a 12 muffin cups.
3. Place eggs and spinach in a blender or food processor, process until spinach is pureed. Add baking powder, salt, pepper and cream, process until combined.
4. Add the onion, mushroom and ham into the mixture.
5. Pour the egg mixture into the cups evenly. Fill them almost to the top.
6. Sprinkle each cup with cheese.
7. Bake about 15 minutes or until the eggs are set.

## Nanor's Comments

*I never thought I could make some type of green eggs and ham, but last week I did exactly that!*

*This is a fun and simple recipe that is perfect for breakfast and to get the day started. I love the color and the taste. I used gouda cheese to sprinkle on top, but next time I'd like to try it with cheddar.*

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*By Nancy Demirjian*

